

# DANCE TO THE *beat* OF YOUR DOWN *Drum*



DESIGNED FOR WOMEN'S CONFERENCES, WOMEN'S GROUPS, CULTURAL AGENCIES, YOUTH AND HELPING PROFESSIONS

THROUGH **MUSIC, DANCE** AND HER OWN BRAND OF **HUMOUR**, Dr. Monica Knight takes the audience on a magical mystery ride and exposes the personal beliefs that keep us clinging to safe routines, bad habits, and disempowering attitudes.

Once she has 'shone a light' on the truth of who we are as human beings, she inspires participants to move forward in their lives by embracing change.

Shosholoza is a South African folk song with a beat and chant that can be likened to the sound of a train moving ahead. It is a Zulu word meaning to push forward, endeavour or strive, and it evokes a sense of pride.

everyone needs "a little bit  
of Monica in their lives"!

To make your women's gathering rock!

"What a performance! You are great. I loved your message and your unique style of presentation. We have heard nothing but good remarks – "best ever", "great talent", "head office needs to know about her and on and on they go".

– Margaret Worobey, Regional  
Coordinator, Investors Group



Monica Knight, Ph.D.

Dr. Monica Knight's career path has taken her from Europe to India and Africa and now Canada. She works in leadership and economic development to facilitate creative, and innovative collaboration. Monica's toolkit and real-life examples foster an entrepreneurial spirit and stimulate entrepreneurial initiatives. Monica is an entrepreneur, speaker; facilitator; motivator; teacher and consultant with **Shosholoza EDUtainment!**. She holds a Ph.D. in Education, a Masters in Leadership and Training, a Diploma in Education, and teaches at Vancouver Island University in B.C.

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